

Consent Form For CHIROPRACTIC Care During COVID-19

In order to stay open and help service your needs, we operate with very strict hygiene and sanitation protocols in place and abide by Government and Professional Guidelines, to help all our patients, the public and ourselves.

At Risk Groups: Over 70, Pregnant, Long-term health conditions (Cancer, Cardio Vascular Disease, Chronic Respiratory Disease, Diabetes, Hypertension), Weakened immune system and Smokers **are to consider whether they would benefit from having a telephone consultation and advice instead. If you are at high risk (receiving chemotherapy, taking steroids or immunosuppressant medication etc.), you are strongly advised not to receive face-to-face care, remain in social isolation and follow correct social distancing guidance.**

Hygiene: Staff are wearing gloves, masks aprons and visors where appropriate. Chiropractors and therapists are all washing hands in between every patient, as well as cleaning down the benches / contact points with disinfectant, and replacing head roll papers. All commonly handled items/touch points/hard surfaces are wiped down before and after your visit where possible, there is more extensive cleaning of surfaces twice a day and the clinic is intensively cleaned 3 times a week. We are aiming to keep the clinic well ventilated to keep the air fresh and have installed air purifiers for the winter months. All patients are asked to wash hands before entering reception. We are asking patients with any symptoms of COVID-19 to stay away until they are recovered and asking anybody with symptoms or is under investigation for symptoms, not to enter the building. We are checking temperatures of everyone entering the building and we are asking everyone where possible to shower and wear clean clothes for their appointment. Everyone who enters the clinic must wear a mask. Please bring your own if you can, we are providing one if necessary. Certain types of 'aerosol generating' treatments may be prohibited at this time.

Distancing: We are asking you to respect other patients distance in reception and to try and sit or stand as far apart from other patients as possible. We have 2 reception areas you can use. We have removed some chairs to help. We are also aiming to spread bookings a part to allow for distancing and time for correct hygiene protocols. We have provided 4 separate siting areas and are intending that are no more than 4 people in the reception waiting areas at any one time – except in circumstances where someone needs to be accompanied. We are asking you to wait outside until 5 minutes before your appointment time. We may not be able to see you if you are late. To reduce crowding around the front desk we are asking you to prepay your appointments, book your follow up appointments by calling back reception or with your practitioner and asking you not to reenter reception on your way out (so exiting via the rear door if you can).



We are asking you to – clean your hands on entry. Avoid touching your T-Zone (outlined in picture - EYES/ NOSE/MOUTH) at all costs - especially before / during / after clinic and then have a shower and put on clean clothes soon as possible after your treatment.

Despite these precautions there is an inherent risk of human to human transmission of the coronavirus (COVID-19), mainly through people who are in close contact with each other (less than 6 feet/2 m for 15 minutes), or through respiratory droplets produced when an infected person coughs or sneezes. Whilst it is thought that people are most contagious when they are most symptomatic, it is possible that some may be contagious in the seven days before they show any symptoms. This virus spreads easily more so than the common flu.

I will not enter the clinic if I have symptoms of COVID (Flu-like symptoms, headache, loss of smell, cough, sore throat, muscle aches and pains, fever, loss of appetite, chest pain, fatigue, confusion, shortness of breath, diarrhoea or abdominal pain) or might be contagious. I have washed/ will wash my hands on arriving at the Clinic, wear a mask, have read the above document, agree to abide by all the clinics Hygiene Procedures and understand and accept the risks of not following the Public Health Guidelines. I am happy to continue with my chiropractic care and understand and accept there is a potential increased risk of exposure to the Coronavirus by attending the clinic, in spite of Back-in-Actions mitigating actions (Risk Assessment, Safeguarding Policy, Hygiene Procedures and use of PPE). I understand that all the services usually provided at Back-in-Action may not be available at the moment.

Signed Date

Print Name



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