

# BACK-IN-ACTION NEW PATIENT MEDICAL HISTORY FORM

Please be thorough. This form's a bit of a marathon so please pace yourself.

All questions can be relevant to your condition, diagnosis and treatment.

Please Highlight:

**F** = Frequently

**O** = Occasional

**R** = Rarely

**P** = Past Problems

**N** = Never

HEAD & NECK					
Dental Problems:					
F	O	R	P	N	Bite problems
F	O	R	P	N	Bleeding gums
F	O	R	P	N	Clicking jaw
F	O	R	P	N	Teeth removal
F	O	R	P	N	Tooth abscess
F	O	R	P	N	Braces
F	O	R	P	N	Dentures
F	O	R	P	N	Root canal
Headache:					
F	O	R	P	N	Back of head
F	O	R	P	N	Entire head
F	O	R	P	N	Front of head
F	O	R	P	N	Side of head
F	O	R	P	N	Through head
F	O	R	P	N	Top of head
F	O	R	P	N	Migraine
F	O	R	P	N	Sinus
F	O	R	P	N	Dislike light or noise
F	O	R	P	N	Food or drink allergy?
F	O	R	P	N	Lasts hours
F	O	R	P	N	Lasts days
F	O	R	P	N	Nausea
F	O	R	P	N	Pain radiates
F	O	R	P	N	Pain inside-out
F	O	R	P	N	Pain outside-in
F	O	R	P	N	Throbbing
F	O	R	P	N	Tight band
General:					
F	O	R	P	N	Faint
F	O	R	P	N	Lightheaded
F	O	R	P	N	Nose bleeds
F	O	R	P	N	Swollen glands
F	O	R	P	N	Sore throats
F	O	R	P	N	Colds
F	O	R	P	N	Flu
GENERAL					
F	O	R	P	N	Change in ability to smell
F	O	R	P	N	Change in ability to taste
F	O	R	P	N	No appetite first thing
F	O	R	P	N	Sweats
F	O	R	P	N	Chills
F	O	R	P	N	Other Infections
F	O	R	P	N	Fatigue
F	O	R	P	N	Temperature problems
F	O	R	P	N	Cold hands
F	O	R	P	N	Cold feet
F	O	R	P	N	Sleep problems
F	O	R	P	N	Difficulty getting to sleep
F	O	R	P	N	Always wake between 3-5 am
NERVOUS SYSTEM					
F	O	R	P	N	Behavioral problems
F	O	R	P	N	Depressed
F	O	R	P	N	Irritable
F	O	R	P	N	Angry
F	O	R	P	N	Sad

F	O	R	P	N	Anxiety
F	O	R	P	N	Panic attacks
F	O	R	P	N	Overly joyous
F	O	R	P	N	Get bored easily
F	O	R	P	N	Attention problems
F	O	R	P	N	Distracted easily – lack of focus
F	O	R	P	N	Concentration difficulties
F	O	R	P	N	Forget what you are doing
F	O	R	P	N	Hyperactive
F	O	R	P	N	Hard getting up in morning
F	O	R	P	N	Apathy problems
F	O	R	P	N	Can't get things done
F	O	R	P	N	Motivational problems
F	O	R	P	N	Difficulty planning or organizing
F	O	R	P	N	Difficulty making decisions
F	O	R	P	N	Less empathy for self/other
F	O	R	P	N	Not affected by tragic news items
F	O	R	P	N	Difficulties picking things up
F	O	R	P	N	Dropping things
F	O	R	P	N	Taking time to initiate movement
F	O	R	P	N	Handwriting difficulties
F	O	R	P	N	Reaction times reduced
F	O	R	P	N	Emotions escaping
F	O	R	P	N	Mood swings
F	O	R	P	N	Less self aware
F	O	R	P	N	See the whole picture
F	O	R	P	N	Learning disorders
F	O	R	P	N	Attention to detail good
F	O	R	P	N	Extreme self awareness
F	O	R	P	N	Obsessive
F	O	R	P	N	Circling thoughts
F	O	R	P	N	Nail biting
F	O	R	P	N	Any slowing of movement
F	O	R	P	N	Re-occurring injuries
F	O	R	P	N	Creepy crawly sensations
F	O	R	P	N	Confuse left and right
F	O	R	P	N	Clumsiness
F	O	R	P	N	Walk into things on one side
F	O	R	P	N	Visuo-spatial problems
F	O	R	P	N	Can't judge speed of objects
F	O	R	P	N	Coordination problems
F	O	R	P	N	Can follow story lines
F	O	R	P	N	Can follow conversations
F	O	R	P	N	Social responses appropriate
F	O	R	P	N	Good awareness of other's mood
F	O	R	P	N	Responses less emotional
F	O	R	P	N	Change in vision - cloudiness
F	O	R	P	N	Change in vision - haziness
F	O	R	P	N	Change in vision - blurring
F	O	R	P	N	Double vision
F	O	R	P	N	Visual field defect
F	O	R	P	N	Movements in visual environment
F	O	R	P	N	Pain around the eyes
F	O	R	P	N	Sensitive to light in 1 or both eyes
F	O	R	P	N	Attention focused on self
F	O	R	P	N	Attention focused on world
F	O	R	P	N	Memory problems

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F	O	R	P	N	Good comprehension of writing
F	O	R	P	N	Hearing problems or change
F	O	R	P	N	Hard hearing with background noise
F	O	R	P	N	Ringing or whooshing noises
F	O	R	P	N	Can't localize sounds
F	O	R	P	N	Pain or itchiness around the ears
F	O	R	P	N	"Fullness" or "blocked" ears
F	O	R	P	N	Tongue tied
F	O	R	P	N	Stutter
F	O	R	P	N	Don't say words right
F	O	R	P	N	Problem choosing words
F	O	R	P	N	Can't express thoughts
F	O	R	P	N	Good comprehension of speech
F	O	R	P	N	Speech sounds monotone
F	O	R	P	N	Smell bad odors not there
F	O	R	P	N	Deja Vu
F	O	R	P	N	Epilepsy or seizures
F	O	R	P	N	Don't care about anything
F	O	R	P	N	Less caring about others
F	O	R	P	N	Slower movement one side
F	O	R	P	N	Muscle twitches
F	O	R	P	N	Muscle cramps can't move joint
F	O	R	P	N	Muscle spasms can move joint
F	O	R	P	N	Tremor or uncontrollable movement
F	O	R	P	N	Auditory hallucinations
F	O	R	P	N	Spin with sudden head movement
F	O	R	P	N	Specific movements only cause spin
F	O	R	P	N	Delay before sense of spin starts
F	O	R	P	N	World spins about you
F	O	R	P	N	You spin within the world
F	O	R	P	N	Spinning lasts less than 15 seconds
F	O	R	P	N	Vertigo causes nausea or vomiting
F	O	R	P	N	Altered temperature sense
F	O	R	P	N	Balance loss
F	O	R	P	N	Trip over things
F	O	R	P	N	Can't walk in a straight line
F	O	R	P	N	Falling or leaning to one side
F	O	R	P	N	Motion sickness
F	O	R	P	N	Nausea/ Gut problems
F	O	R	P	N	Can read in a moving car
F	O	R	P	N	Sloppy handwriting
F	O	R	P	N	Clumsy with tools or utensils
F	O	R	P	N	Slurred speech
F	O	R	P	N	Get confused
F	O	R	P	N	Loose train of thought
F	O	R	P	N	Think of many things
F	O	R	P	N	Stressed
F	O	R	P	N	Sense of smell changed
F	O	R	P	N	Loss of smell
F	O	R	P	N	Eye problems
F	O	R	P	N	Loss or diminished vision
F	O	R	P	N	Near loss
F	O	R	P	N	Distance loss
F	O	R	P	N	Find it difficult to read
F	O	R	P	N	Double vision
F	O	R	P	N	Blurred vision
F	O	R	P	N	Sense change in face

F	O	R	P	N	Pain in face
F	O	R	P	N	Food tastes different
F	O	R	P	N	Loss of sense of taste
F	O	R	P	N	Hearing problems
F	O	R	P	N	Ear problems
F	O	R	P	N	Swallowing problems
F	O	R	P	N	Hoarseness
F	O	R	P	N	Choke on food
F	O	R	P	N	Food up the back of the nose
F	O	R	P	N	Snoring issues
F	O	R	P	N	Pupils larger than average
F	O	R	P	N	Slow to heal on one side
F	O	R	P	N	More pain sensitive on one side
F	O	R	P	N	Hurts more one side if banged
F	O	R	P	N	Hurts more one side if cut
F	O	R	P	N	Stub toes
F	O	R	P	N	Shoe more scuffed one side
<b>Sensation:</b>					
F	O	R	P	N	Reduced sensation one side
F	O	R	P	N	Temperature sense loss
F	O	R	P	N	Touch sense loss
F	O	R	P	N	Body awareness change
<b>MUSCLE &amp; JOINT</b>					
F	O	R	P	N	Arthritis
F	O	R	P	N	Bursitis
F	O	R	P	N	Double jointed
F	O	R	P	N	Frozen shoulder
F	O	R	P	N	Generally stiff
F	O	R	P	N	Grinding joints
F	O	R	P	N	Joint replacement
F	O	R	P	N	Paralysis
F	O	R	P	N	Problem walking
F	O	R	P	N	Pinched nerve
F	O	R	P	N	Sciatica
F	O	R	P	N	Sprain or strain
F	O	R	P	N	Swollen joint
F	O	R	P	N	Tendonitis
<b>Pain, Numb or Stiff:</b>					
F	O	R	P	N	Ankle
F	O	R	P	N	Arm
F	O	R	P	N	Elbow
F	O	R	P	N	Foot
F	O	R	P	N	Hand
F	O	R	P	N	Hip
F	O	R	P	N	Knee
F	O	R	P	N	Leg
F	O	R	P	N	Low back
F	O	R	P	N	Neck
F	O	R	P	N	Shoulder
F	O	R	P	N	Tail bone
F	O	R	P	N	Upper back
<b>DIGESTIVE SYSTEM</b>					
F	O	R	P	N	Abdominal cramps
F	O	R	P	N	Black stools
F	O	R	P	N	Bloody stools
F	O	R	P	N	Bloating
F	O	R	P	N	Colon trouble

L  
PNE / BG / SC  
C  
Mes

SC

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F	O	R	P	N	Constipation
F	O	R	P	N	Diarrhea
F	O	R	P	N	Excessive belching
F	O	R	P	N	Excessive gas
F	O	R	P	N	Excessive hunger
F	O	R	P	N	Excessive thirst
F	O	R	P	N	Gall problems
F	O	R	P	N	Wipe bottom more than twice
F	O	R	P	N	Have to re-wipe bottom later
F	O	R	P	N	Hemorrhoids
F	O	R	P	N	Heartburn
F	O	R	P	N	Hernia
F	O	R	P	N	Indigestion
F	O	R	P	N	Jaundice
F	O	R	P	N	Liver problems
F	O	R	P	N	Nausea
F	O	R	P	N	Pain with fatty foods
F	O	R	P	N	Pale stools
F	O	R	P	N	Poor appetite
F	O	R	P	N	Stomach pain
F	O	R	P	N	Stools abnormal
F	O	R	P	N	Stools float
F	O	R	P	N	Swollen abdomen
F	O	R	P	N	Ulcers
F	O	R	P	N	Vomiting
F	O	R	P	N	Vomiting blood
<b>VASCULAR SYSTEM &amp; LUNGS</b>					
F	O	R	P	N	Ankle swelling
F	O	R	P	N	Arrhythmia (irregular pulse)
F	O	R	P	N	Blood pressure high
F	O	R	P	N	Blood pressure low
F	O	R	P	N	Breathing problem
F	O	R	P	N	Chest infection
F	O	R	P	N	Chest pain
F	O	R	P	N	Chronic cough
F	O	R	P	N	Coughing up blood
F	O	R	P	N	Dizzy or lightheaded getting up
F	O	R	P	N	Hardened arteries
F	O	R	P	N	Heart problems
F	O	R	P	N	High cholesterol
F	O	R	P	N	High pulse rate
F	O	R	P	N	Lung problems
F	O	R	P	N	Poor circulation
F	O	R	P	N	Stroke
F	O	R	P	N	Transient ischemic attack (TIA)
F	O	R	P	N	Varicose vein
<b>GENITO-URINARY</b>					
F	O	R	P	N	Difficulty urinating
F	O	R	P	N	Difficulty initiating stream
F	O	R	P	N	Discolored urine
F	O	R	P	N	Dribbling urine
F	O	R	P	N	Excessive urine
F	O	R	P	N	Get up at night to urinate
F	O	R	P	N	Kidney disease
F	O	R	P	N	Kidney infection
F	O	R	P	N	Kidney stones
F	O	R	P	N	Painful urination

F	O	R	P	N	Loss of bladder control
F	O	R	P	N	Painful urination
F	O	R	P	N	Genito-urinary infection
F	O	R	P	N	Reduced flow of urine
F	O	R	P	N	Urgency for urination
F	O	R	P	N	Urinate with increased frequency
<b>MEN ONLY</b>					
F	O	R	P	N	Impotency
F	O	R	P	N	Prostate problem
<b>WOMEN ONLY</b>					
F	O	R	P	N	Breast problems
F	O	R	P	N	Difficult births
F	O	R	P	N	Difficulty conceiving
F	O	R	P	N	Dryness with sex
F	O	R	P	N	Gynecological operations
F	O	R	P	N	HRT
F	O	R	P	N	Intra-uterine device/ coil
F	O	R	P	N	Menstrual problems
F	O	R	P	N	Menopausal
F	O	R	P	N	Contraceptive pill
F	O	R	P	N	Period pain
F	O	R	P	N	Vaginal itching
F	O	R	P	N	Yeast infections
<b>SKIN</b>					
F	O	R	P	N	Bruises easily
F	O	R	P	N	Eczema
F	O	R	P	N	Hives
F	O	R	P	N	Itching
F	O	R	P	N	Psoriasis
F	O	R	P	N	Skin abnormalities
<b>ILLNESSES</b>					
F	O	R	P	N	Alcoholism
F	O	R	P	N	Alzheimer's
F	O	R	P	N	Anemia
F	O	R	P	N	Angina
F	O	R	P	N	Ankylosing spondylitis (AS)
F	O	R	P	N	Asthma
F	O	R	P	N	Blood disorder
F	O	R	P	N	Cancer
F	O	R	P	N	Chronic Fatigue (ME)
F	O	R	P	N	Cold sore
F	O	R	P	N	Diabetes
F	O	R	P	N	Fibromyalgia
F	O	R	P	N	HIV
F	O	R	P	N	Irritable bowel (IBS, IBD)
F	O	R	P	N	Lyme's disease
F	O	R	P	N	Mental disorder
F	O	R	P	N	Multiple sclerosis (MS)
F	O	R	P	N	Osteoporosis
F	O	R	P	N	Parkinson's (PD)
F	O	R	P	N	Pleurisy
F	O	R	P	N	Polymyalgia rheumatica (PMR)
F	O	R	P	N	Pneumonia
F	O	R	P	N	Rheumatoid arthritis (RA)
F	O	R	P	N	Rheumatic fever
F	O	R	P	N	Thyroid disease



**Which would you consider if your practitioner thought they might be helpful with your condition?**